

CURRICULUM VITAE

Allison Ross, MSN, RN, CMSRN
Lecturer
Texas A & M University College of Nursing
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EDUCATION

Master of Science in Nursing	The University of Texas at Tyler Nursing Education Tyler, Texas	2021
Bachelor of Science in Nursing	The University of Texas at Tyler Tyler, Texas	2010

LICENSURE AND CERTIFICATES

- Licensure
 - Registered Nurse, Texas Board of Nursing, Compact License
- Certification
 - Certified Medical-Surgical Registered Nurse (CMSRN), Medical Surgical Nursing Certification Board, exp. 12/2029
- Basic Life Support (BLS), American Heart Association, exp. 6/2027

PROFESSIONAL EXPERIENCE

- Lecturer, Texas A & M University, College of Nursing, Bryan, Tx, 2023-Present
- Research Assistant, The University of Texas at Tyler, Tyler, Texas, 2022-2023
- Assistant Professor of Nursing, East Texas Baptist University, Marshall, Tx, 2021-2023
- Clinical Teaching Assistant, Nursing, Texas A & M University Health Science Center, Bryan, Texas, 2019-2020

PROFESSIONAL NURSING PRACTICE

- Registered Nurse, CHRISTUS Mother Frances Health System, Tyler, Texas 2010-2018, 2022-2023

Ross, Allison, CV, 9/2025

- Registered Nurse, Baylor Scott and White Health, College Station, Texas, 2018-2021

TEACHING

Texas A & M University, College of Nursing

- 2025 Fall – **NURS 315** (Nursing and the Aged), Course Lead; **NURS 420** (Adult Health II), Clinical; **NURS 340** (Patho-Pharm I)
- 2025 Summer – **NURS 320** (Adult Health I), Course Lead-Didactic, Simulation
- 2025 Spring – **NURS 320** (Adult Health I), Course Lead-Didactic, Clinical (2 sections)
- 2024 Fall – **NURS 306** (Foundations of Nursing Practice), Theory; **NURS 420** (Adult Health II), Clinical (2 sections)
- 2024 Summer – **NURS 320** (Adult Health I), Course Lead-Didactic, Clinical (2 sections)
- 2024 Spring - **NURS 320** (Adult Health I), Course Lead-Didactic, Clinical (2 sections)
- 2023 Fall - **NURS 420** (Adult Health II), Didactic and Clinical (2 sections)
- 2023 Summer - **NURS 320** (Adult Health I), Didactic and Clinical

East Texas Baptist University, Teague School of Nursing

- 2023 Spring – **NURS 3650** (Fundamentals in Nursing), Didactic and Clinical; **NURS 3245** (Fundamental Skills in Nursing, 2 sections), **NURS 4241** (Gerontology), Online
- 2022 Fall - **NURS 3650** (Fundamentals in Nursing), Didactic and Clinical; **NURS 3245** (Fundamental Skills in Nursing, 2 sections); **NURS 4241** (Gerontology), Online
- 2022 Spring – **NURS 3650** (Fundamentals in Nursing), Didactic and Clinical; **NURS 3245** (Fundamental Skills in Nursing); **NURS 4241** (Gerontology), traditional
- 2021 Fall – **NURS 3341** (Health Assessment), Didactic; **NURS 3650** (Fundamentals in Nursing), Clinical; **NURS 3622** (Medical-Surgical Nursing I), Clinical

PROFESSIONAL DEVELOPMENT EXPERIENCES

- Professional Membership:
 - Sigma Theta Tau International Honor Society, Iota Nu Chapter, 2021-Present
- Innovative Teaching Fellow (ITF), Texas A & M University, 2025-Present

AWARDS AND HONORS

- 2025 Excellence in Nursing-Bronze Medalist, The Good Samaritan Foundation

SERVICE TO THE UNIVERSITY AND SCHOOL

- Faculty Sponsor, Nurses Christian Fellowship 2025-Present
- Faculty AWL Taskforce 2025
- Undergraduate APG Committee, Chair 2023-Present
- Faculty Affairs Committee Member 2023-Present
- Nursing Program Redesign Committee 2023-2024

SERVICE TO THE COMMUNITY

- Young Professionals of Aggieland, Health and Wellness Officer 2024-Present

PUBLICATIONS

Murley, B., Chen, K. M., Gipson, C. S., Gosselin, K., Thornhill, J., **Ross, A.**, Gladdings, K., & Mastel-Smith, B. (2024). Effects of the vitality acupunch exercise program on older adults with probable sarcopenia: A mixed methods pilot study. *Journal of Holistic Nursing*. <https://doi.org/10.1177/08980101241291756>