

Alyssa M. Schutz MSN APRN FNP-C PMHNP-BC

520 Truman Annex Apt. D Key West, FL 33040

(765)242-2847

allybillue2013@yahoo.com

Summary

Nursing faculty member and an Advanced Practice Registered Nurse with well-rounded experience in primary care, pediatric care, psychiatric care, acute care, and nursing home care. Five additional years of experience as a BSN Registered Nurse with practice in pediatrics, intensive care, med-surg, NICU, PICU, and pediatric oncology. Four years of experience as a Nursing Assistant in adult rehabilitation. I am currently licensed in Texas and Florida as an Advanced Practice Registered Nurse with dual certification as a Family Nurse Practitioner and Psychiatric Mental Health Nurse Practitioner. BLS certified. Experienced in precepting nurse practitioner students.

Education

Post-Master's certificate in Psychiatric Mental Health Nurse Practitioner (PMHNP)

University of Texas Rio Grande Valley, Edinburg, Texas 06/01/2020 – 05/07/2021

Completed 18 credit hours of post-master's work in Psychiatry and 522 clinical hours in various psychiatric settings. GPA 4.0.

Master of Science in Nursing-Family Nurse Practitioner (FNP)

Texas A&M University, College Station, Texas 01/11/2016 - 08/10/2018

Completed 51 credit hours of course work and 625 clinical hours in various clinical settings including psychiatry, primary care, women's health, and pediatrics. GPA 3.4.

Bachelor of Science in Nursing – RN

Saint Joseph's College, Rensselaer, Indiana

01/10/2011 - 07/25/2013

Graduated with Magna Cum Laude honors

Core 40 High School Diploma with Academic Honors

North White High School, Monon, Indiana

08/10/2004 - 06/02/2008

Graduated Salutatorian of the class. Studies included advanced placement/dual college credit courses. Participated in softball, volleyball, and the dance team all four years.

Employment History

Nursing Faculty – Lecturer (Non-Tenure)

Texas A&M University College Station

07/16/2023 – Present

Supervisor: Dr. Matthew Sorenson

Provide instruction and guidance to Psychiatric Mental Health Nurse Practitioner post-master's certificate students. Develop courses and materials for facilitating a successful PMHNP program by collaborating with others to provide an immersive online learning experience.

Other positions held: PMHNP Program Coordinator (05/01/2024-08/11/2025)

Family Nurse Practitioner

Med Elite Medical Group

09/12/2022 – 09/01/2023

Supervisor: Dr. Jamie Goodman

Provide primary care and acute care to Nursing Home residents. Maintain an on-call schedule.

Nursing Faculty - Clinical & Lab Instructor

College of the Florida Keys

08/01/2022 – 05/19/2023

Supervisor: Mark Roby

Provide classroom instruction, clinical instruction, and lab instruction for undergraduate nursing students. Develop course materials and facilitate a successful program by collaborating with other faculty and clinical staff.

Psychiatric Mental Health Nurse Practitioner

Revive Medical Group – Tele Psychiatric Services

07/26/2021 – 05/15/2023

Supervisor: Dr. Aneel Ursani

Provide Psychiatric consultation, diagnosis, and treatment plans for patients struggling with various Psychiatric conditions.

Psychiatric Mental Health Nurse Practitioner

Cerebral Mental Health Services – Tele Psych Services

11/30/2021 – 09/12/2022

Supervisor: Dr. Jeffrey Vernon

Provide Psychiatric consultation, diagnosis, and treatment plans for patients struggling with various Psychiatric conditions.

Family Nurse Practitioner

Loyal Source Government Services

09/01/2019 – 01/05/2022

Supervisor: Eduardo Velazquez

Provide primary care, psychiatric care, acute care, and healthcare screenings for immigrants at various border patrol, customs, and port of entry locations.

Family Nurse Practitioner

Regency Integrated Healthcare Services

09/16/2019 – 09/16/2020

Supervisor: Ken Irby

Provide primary care to nursing home residents enrolled in a Medicare Advantage Plan. Maintain an on-call schedule. Provide acute/urgent care needs to the residents in the evening hours and on weekends. Much of the care provided includes evaluation, diagnosis, and treatment of depression, anxiety, and dementia. Worked closely with the on-call Psychiatric provider to treat disorders such as Schizophrenia and Bipolar Disorder.

Family Nurse Practitioner

Be Well Clinic, Weslaco, Texas

09/01/2018 - 09/01/2019

Supervisor: Melecia Fuentes

Provide primary care, psychiatric care, and wellness promotion to clients of all ages, ranging from newborns to adults over 100 years old. Collaborate care and provide high quality, compassionate medical care to all individuals. Provide acute/urgent care in the after-hours.

Registered Nurse: Telephonic Case Manager

United Health Group

06/10/2016 - 03/13/2017

Supervisor: Mayra Dominguez

Complete in-home assessments to determine medical necessity and need of special services for pediatric Medicaid patients. Work completed in home and telephonically.

Registered Nurse: Pediatric Home Healthcare

Aveanna Healthcare, Pharr, Texas

03/13/2015 - 09/13/2018

Supervisor: Joey Cavazos

Provide care for pediatric patients who are chronically ill and dependent on life-sustaining equipment. Experienced in the management of ventilators, Gastrostomy tubes, and central lines. Also experienced in parenteral nutrition administration.

Registered Nurse: Pediatric Intensive Care Unit

Doctors Hospital at Renaissance, Edinburg, Texas

09/23/2013 - 09/24/2017

Supervisor: Andrew Kosko/Michelle Scurlock

Provided care for hemodynamically unstable patients in the pediatric intensive care unit, from newborn to 27 years old. Experienced in the management of inotropic medication drips, ventilators, G tubes, NG tubes, and ND tubes. Experienced in the performance of continuous renal replacement therapy (CRRT) on pediatric patients aged newborn to 5 years.

Certified Nursing Assistant

Franciscan St. Elizabeth Health, Lafayette, Indiana

04/01/2011 - 09/10/2013

Supervisor: Phyllis Holeman

Assisted in the care and treatment of adult patients in an inpatient rehabilitation unit. Patients cared for included those who were healing from surgery, cerebrovascular accidents, traumatic brain injuries, and myocardial infarctions.

Licenses

Psychiatric Mental Health Nurse Practitioner w/prescriptive authority – TX, FL

Family Nurse Practitioner w/prescriptive authority – TX, FL

Registered Nurse – Texas, Florida (Compact State License)

Awards

St. Joseph's College Magna Cum Laude Honors 07/2013

North White High School Salutatorian 05/2008

Lilly Endowment Scholarship 05/2008

PepsiCo Scholarship 05/2008

Publishing

Clements, P. T., Ramirez, M., & Schutz, A. (in peer review). *Interdisciplinary approaches to supporting child and adolescent victims of violence and crime*. In P. T. Clements, M. Sorenson, N. Evenson, T. Lawrence, S. Buffie, & K. Hepfer (Eds.), *Victimology: Violence across the lifespan*. STM Learning.

Schutz, A., & Clements, P. T. (in peer review). *CBT, DBT, & group therapy*. In P. T. Clements, M. Sorenson, N. Evenson, T. Lawrence, S. Buffie, & K. Hepfer (Eds.), *Victimology: Violence across the lifespan*. STM Learning.

Schutz, A., & M. Sorenson. (in peer review). *Pharmacological management of symptoms in cases of victimization*. In P. T. Clements, M. Sorenson, N. Evenson, T. Lawrence, S. Buffie, & K. Hepfer (Eds.), *Victimology: Violence across the lifespan*. STM Learning.

Schutz, A. M., McKee, S., & Clements, P. T. (in peer review). Facing the silent crisis: Suicidal ideation and suicide in the nursing profession. *Journal of the American Psychiatric Nurses Association*.

Volunteer Work

I am an active participant and supporter of the Operation Smile Organization. I have volunteered on medical missions in Honduras and in India. During these missions, we perform hundreds of surgeries on children who need cleft lip and palate repairs. Improving this congenital anomaly significantly improves quality of life. I enjoy traveling the world and helping those in need.

Operation Lone Star Brownsville, TX Mission	07/23/2018 - 07/27/2018
Operation Smile India Mission	03/22/2018 - 04/03/2018
Operation Smile Honduras Mission	08/24/2017 - 08/31/2017
Salvation Army - Frankfort, IN - 120 hours	01/10/2011 - 07/12/2013
St. Lutheran Church - Lafayette, IN - 40 hours	01/10/2011 - 07/12/2013
Senior Center at Jenks Rest - Lafayette, IN - 40 hours	01/10/2011 - 07/12/2013
Preceptor for FNP students at Texas A&M	Summer semester, 2020

Virtual grief group psychoeducation (2 hours each month): November 2024 – present

- Adam's Place: Las Vegas, NV

Professional Memberships

American Association of Nurse Practitioners/AANP
Texas Nurse Practitioners/TNP

02/01/2017 – Present
07/22/23 – Present

Languages

English: Native

Spanish: Beginner

References available upon request.