

Ashley Germaine
979-436-0836
ashley.germaine@tamu.edu

Biography

Ashley Germaine, MSN, RN, RNC-MNN, is a clinical instructor at the College of Nursing at Texas A&M University, where she teaches undergraduate nursing students in maternal newborn and mental health clinical settings. She is a certified maternal newborn nurse with a clinical background in high-acuity hospital environments, bringing real-world expertise into her teaching.

Ashley is passionate about preparing students for safe, effective practice by emphasizing clinical judgment, prioritization, and communication skills. She incorporates active learning strategies, simulation, and structured post-conference activities to support student engagement and confidence in the clinical setting.

Her scholarly interests focus on improving nursing care for vulnerable populations, including military veterans and maternal-newborn patients. She has contributed to research aimed at enhancing both patient outcomes and nursing education practices. Ashley is committed to mentoring future nurses and fostering a supportive learning environment that promotes professional growth and excellence in patient care.

Degrees

2024	Master of Science in Nursing, Nurse Education, Texas A&M University, Bryan, TX, United States
2017	Bachelor of Science in Nursing, East Texas A&M University, Commerce, TX, United States
2014	Bachelor of Science, Kinesiology, Texas A&M University, College Station, TX, United States

Texas A&M - Rank and Promotion History

Effective Date of Rank	Faculty Title	Tenure Classification	Department	College
8/1/2025	Lecturer in Clinical Instruction	Non-Tenured	Nursing	Texas A&M University
1/1/2024	Clinical Faculty	Non-Tenured	Nursing	Texas A&M University

Career Work Experience

- | | |
|----------------|---|
| 2025 – Ongoing | Lecturer in Clinical Instruction, Texas A&M University, Department of Nursing, Bryan, Texas, United States |
| 2025 – Ongoing | Nurse Abstractor, University of North Texas Health, Department of Pediatrics and Women’s Health, Fort Worth, Texas, United States |
| 2024 - 2025 | Clinical Faculty, Texas A&M University, Department of Nursing, Bryan, Texas, United States |
| 2021 – 2024 | Clinical Teaching Assistant, Texas A&M University, Department of Nursing, Bryan, Texas, United States |
| 2018 – 2022 | Registered Nurse, CHI St. Joseph Health, Brazos Valley Pavilion for Women, College Station, Texas, United States |

Awards and Honors

Year Conferred	Award and Honor Title	Conferring Organization	Award Classification	Award and Honor Level	Detailed Description of Award
2025	Daisy Award for a Team of Extraordinary Nurse Educators	The DAISY Foundation	Service Award-Honor	Department Level	Outstanding Service
2025	Daisy Award Nominee for Extraordinary Nurse Educator	The DAISY Foundation	Service Award-Honor	Department Level	Outstanding Service

Professional Licensures

Effective Date	Expiration Date	Title	Organization	License Number	Month-Year Recertification	State of Issue	Country (if international licensure)
2018	Ongoing	Registered Nursing License	Texas Board of Nursing	939595	May 2026	Texas	U.S.A.

Professional Certifications

Effective Date	Expiration Date	Organization	Type	Specialty
2021	PRESENT	National Certification Corporation	Registered Nurse Certified	Maternal Newborn Nursing
2013	PRESENT	American Heart Association	Basic Life Support	N/A

2024	PRESENT	National Council for Mental Wellbeing	Mental Health First Aid	Mental Health Nursing
2024	PRESENT	American College of Surgeons	Stop the Bleed	N/A

Teaching

Course Title	Course	Credit Hours	Instruction Mode	Descriptive	Semester
Management of Care II	NURS 330	5	Clinical	This course focuses on implementation of nursing care using a holistic approach through the examination of the effects of common and/or chronic illnesses or injury in adults emphasizing the use of a clinical judgment model to achieve an optimum level of health considering the individual's developmental stage, culture, and gender.	Spring 2026
Mental Health Nursing Across the Lifespan	NURS 342	3	Clinical	This course focuses on the principles and concepts of mental health, psychopathology, and treatment modalities relevant to improving the health of clients with mental health needs.	Spring 2026
Adult Nursing II	NURS 420	6	Clinical	This course focuses on critical thinking and problem-solving strategies for the care of adults with acute or complex illness and injury.	Spring 2026
Nursing and the Aged	NURS 315	3	Clinical	This course presents an overview of age-related changes including physical, emotional, social and	Spring 2026

				environmental transitions in the aging family. Emphasis is placed on developmental patterns and health promotion in the population.	
Building Healthy Communities I	NURS 343	4	Clinical	This course provides an examination of individual and population health prevention and promotion across the lifespan including concepts of health screenings, literacy, equity and access, policy, care delivery systems and roles, epidemiology, and the use of big data for assessing the health of communities.	Spring 2026
Management of Care I	NURS 330	5	Clinical	This course focuses on the foundational knowledge and skills utilizing a clinical judgment model as a systematic approach for nursing practice.	Fall 2025
Nursing Care of Women, Families, and Newborns	NURS 323	4	Clinical	This course studies childbearing families and women's health in normal and high-risk situations, the role of the nurse in meeting health needs of women, families and their newborns, and promotes acquisition of skills in caring for women, families and newborns during uncomplicated and/or complicated health experiences in a variety of settings.	Fall 2025
Care of Mental Health Clients	NURS 412	4	Clinical	This course focuses on the principles and concepts of mental health, psychopathology, and	Fall 2025

				treatment modalities relevant to improving the health of clients with mental health needs.	
Nursing and the Aged	NURS 315	3	Clinical	This course presents an overview of age-related changes including physical, emotional, social and environmental transitions in the aging family. Emphasis is placed on developmental patterns and health promotion in the population.	Fall 2025
Nursing Care of Women, Families, and Newborns	NURS 323	4	Clinical	This course studies childbearing families and women's health in normal and high-risk situations, the role of the nurse in meeting health needs of women, families and their newborns, and promotes acquisition of skills in caring for women, families and newborns during uncomplicated and/or complicated health experiences in a variety of settings.	Summer 2025
Foundations of Nursing Practice Clinical	NURS 307	3	Clinical	This course is an introduction to nursing skills including activities such as safety, assessment of vital signs, comfort measures, assistance with daily living activities, environmental concerns, positioning and transporting. Students will become familiar with the nursing process, communication and documentation tools.	Spring 2025

Care of Mental Health Clients	NURS 412	4	Clinical	This course focuses on the principles and concepts of mental health, psychopathology, and treatment modalities relevant to improving the health of clients with mental health needs.	Spring 2025
Nursing Care of Women, Families, and Newborns	NURS 323	4	Clinical	This course studies childbearing families and women's health in normal and high-risk situations, the role of the nurse in meeting health needs of women, families and their newborns, and promotes acquisition of skills in caring for women, families and newborns during uncomplicated and/or complicated health experiences in a variety of settings.	Summer 2024
Foundations of Nursing Practice Clinical	NURS 307	3	Clinical	This course is an introduction to nursing skills including activities such as safety, assessment of vital signs, comfort measures, assistance with daily living activities, environmental concerns, positioning and transporting. Students will become familiar with the nursing process, communication and documentation tools.	Spring 2024

Publications, Conference Proceedings, Patents and Creative Products/Innovations

Journal Article

In Press

1. Olenick, M., Clark, N., Thomas, K., Clements, P., Helmke, L., Khati, K. & Germaine, A. (2025). Navigating moral distress and moral conflict in military veterans: Clinical implications for nursing practice. *Issues in Mental Health*.

In Progress

1. Olenick, M., Khati, K., Clark, N., & Germaine, A. (2025). A systematic review of equine-assisted interventions in military veterans diagnosed with PTSD. *Journal of Integrative and Complimentary Medicine*.

Professional Affiliations and Memberships

Jan 2024 - Present	Organization Name: National League for Nursing, Membership Status: Member
Jan 2020 - Present	Organization Name: Association of Women's Health, Obstetric and Neonatal Nurses, Membership Status: Member
Jan 2020 – Present	Organization Name: Texas Nurses Association, Membership Status: Member
Jan 2020 – Present	Organization Name: American Nurses Association, Membership Status: Member
Jan 2019 – June 2022	Organization Name: CHI St. Joseph Women's Services Unit Based Council, Membership Status: Member, Postpartum Representative

Professional Development Activities

August 2025 – December 2025	Course Title: Clinical Nurse Educator Academy, NCPD Hours: 11.25, Course Format: Online, City: Baton Rouge, State: Louisiana
July 2025	Scholarly Writing Retreat, Course Format: In Person/Online, City: College Station, State: Texas