

CURRICULUM VITA

Karen Thomas, MSN, RNC-NIC
Clinical Faculty
Texas A&M University College of Nursing
8447 Riverside Parkway
Bryan, TX 77807-3260
Phone: 979-436-0133
kjthomas@tamu.edu

Education

MSN	University of Texas Health Science Center Nursing Leadership and Administration Houston, Texas	2013
BSN	Baylor University Nursing Waco, Texas	2003

Professional Teaching Experience

Texas A&M University College of Nursing	2024 - Present
NUR 316 Pharmacology in Nursing – Lecturer/Course Lead	2024-2025
NUR 306 Foundations of Nursing Theory Practice Theory – Lecturer	2024-2025
NUR 323 Care of the Normal Newborn – Guest Lecturer	2024-2025
NUR 307 Foundations of Nursing Practice Clinical – Clinical Faculty	2024-2025
NUR 340 Patho-Pharmacology Common Conditions – Lecturer/Course Lead	2025-Present
NUR 330 Management of Care – Fundamentals of Nursing Care – Clinical	2024-2025
NUR 413 Nursing Care of Children & Families – Clinical Faculty	2025
NUR 341 Patho-Pharmacology Complex Conditions – Lecturer/Course Lead	2026-Present
 Lone Star College School of Nursing	 2023 - 2024
Adjunct Faculty – Simulation	

Licensure and Certificates

Registered Nursing License (Texas RN # 793684; 2003-current)
National Certification Corporation Neonatal Intensive Care Nursing (#104366133; 2011-current)
Certificate in Legal Nurse Consulting – Duke University (May 2018)
National Resuscitation Program (NRP) Certification (2003-2006; 2010-2020)
American Heart Association: Basic Life Support 2003-2006; 2010-current)

Professional Nursing Practice

Texas Children's Hospital – The Woodlands, Texas House Supervisor	2020 – 2024
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Charge Nurse - NICU 2017 – 2020
Safe Sleep Committee Member

CHI St. Luke’s Health – The Woodlands, Texas

House Supervisor 2015 – 2016
Staff Nurse – NICU 2014 – 2015
Staff Nurse – NICU 2010 – 2012

Memorial Hermann Northwest Hospital - Houston, Texas

Staff Nurse – NICU 2005 – 2006

Presbyterian St. Luke’s Hospital – Denver, Colorado

Charge Nurse and Staff Nurse – NICU 2003 – 2005

Professional Memberships

Sigma Theta Tau International Nursing Honor Society (member 2012-present)
National Association of Neonatal Nurses (member 2011-present)

Awards and Honors

Good Samaritan Excellence in Nursing Bronze Award (Houston, Texas) 2018
Good Samaritan Excellence in Nursing Bronze Award (Houston, Texas) 2023
DAISY Award for Extraordinary Nurses - Team Award 2025
DAISY Award for Extraordinary Nurses - Individual Award (Nominee) 2025

SCHOLARSHIP and RESEARCH

Publications (in progress)

Olenick, M., *, Clark, N., **Thomas, K.**, Clements, P.T., Helmke, L., Kathy, K., & Germaine, A. Navigating moral distress and moral injury in military veterans: Clinical implications for nursing practice. *Issues in Mental Health Nursing*. (in press)

MacKay, L.J., Hepfer, K., Sorsby, M., **Thomas, K.**, & Bognar, J. Post-NICU interventions delivered in the community to support parents of premature infants’ mental health and parent-infant interactions: A scoping review protocol. *Open Science Framework* (in review)

Grants (in progress)

MacKay, L.J., Hepfer, K., Tarwater, P., Page, R., Oxford, M., Brunt, A., & **Thomas, K.**, From NICU to home: A mixed-methods exploratory study to co-design a community intervention that strengthens parent-infant relationships and supports preterm infant neurodevelopment – R21 NINR (submitted; in review)

Presentations (Invited)**Neonatal Nursing Summit: Soaring to New Heights in Clinical Practice & Outcomes
The Woodlands, Texas***Clinical Excellence in Safe Sleep; Mastering the Transition to Discharge* 2026Author: **Thomas, K.****Pele Chandler Community Event - Symposium on Infant Safe Sleep
Houston, TX**

2023

*Montgomery County Safe Sleep Coalition; A Collaborative Effort to Mitigate Risk*Authors: Herring, A. Hobbs, J., Owens, L., & **Thomas, K.****Presentations (Peer-reviewed; accepted)****Pediatric Academic Societies Conference,
Toronto, Canada**

2024

*Sleep-Related Infant Death Rates in Unsafe Sleep Environments May Be Reduced by
Using a Community-Wide Collaborative*Authors: Hobbs, J., Owens, L., & **Thomas, K.****American Academy of Pediatrics National Conference & Exhibition,
Washington, DC**

2023

*Sleep-Related Infant Death Rates in Unsafe Sleep Environments May Be Reduced by
Using a Community-Wide Collaborative*Authors: Hobbs, J., Owens, L., & **Thomas, K.****SERVICE****Professional**Undergraduate Curriculum Committee – Member
Faculty Affairs Committee – Member2025 – Present
2025**National and International**

Reviewer - Journal of Perinatal and Neonatal Nursing (JPNN)

2025 – Present

CommunityData coordinator for Child Fatality Review Team – Montgomery County
Member Child Fatality Review Team – Montgomery County
Co-founding Board Member Montgomery County Safe Sleep Coalition2016 - 2019
2016 - Present
2019 - Present