



TEXAS A&M UNIVERSITY

College of Nursing

GOLDEN CRESCENT-MOMS

Frequently Asked Questions

What services does the home visiting program offer?

Our program provides comprehensive support including prenatal and postpartum care, education on contraception, pregnancy support, infant development, mental health resources, navigation to behavioral health services, and assistance with accessing community resources.

What can I expect during a home visit?

During a home visit, a Maternal-Child Health Navigator will assess your needs, provide education and resources, help you navigate healthcare services, and offer support tailored to your specific situation. Each visit is personalized to ensure you receive the care and assistance you need.

How often will the Maternal-Child Navigator visit me?

The frequency of visits is flexible and based on your individual needs. Visits can be scheduled weekly, bi-weekly, or monthly, depending on the level of support you require.

Is there a cost associated with the home visiting program?

No, our home visiting program is free of charge for eligible participants.

Can the Maternal-Child Health Navigator help me with other services, like housing or employment?

Yes, the Maternal-Child Health Navigator can provide referrals and assistance with accessing various social services, including housing, employment programs, and education resources. They will work with you to address any barriers you may face.

How can the program support my mental health and well-being?

The program offers access to mental health resources, including counseling and support groups. The Maternal-Child Health Navigators are trained to provide emotional support, and they can help you connect with behavioral health services.

Can I involve my family in the home visits?

Absolutely. We encourage the involvement of family members or other support persons in the home visits to ensure a comprehensive support network. This can include partners, parents, or other trusted individuals.

What if I need to reschedule a visit?

If you need to reschedule a visit, please contact your assigned Maternal-Child Health Navigator as soon as possible. We understand that plans can change, and we will work with you to find a convenient time for the rescheduled visit.